

An Extension Lecture was organized on 6<sup>th</sup> April 2024 by the college under the guidance of Research and Development Committee. On this auspicious day our guest was respected Dr. Bholu Chaurasiya Sir (Ex-Principal, RNAR College, Samastipur)

Our guest came at 1.45pm and welcomed by the Principal Mam by giving him a bouquet at the reception point. After that he came along with Principal Mam and HOD Sir in the PPN Singh Auditorium hall. After his coming students have welcomed by a huge round of applause.



All the dignitaries along with our guest lamp lighting procession was processed and programme begun at 2 pm. Ganesh Vandana was recited by our music teacher. After that our guest was facilitated by Principal Mam. A welcome speech was given by Mr. Manoj Kr. Sir in the respect of our guest.



Now it was turn to beginning of the ceremony. Our guest has came on dice to deliver his valuable lecture on the topic “Peace for Life”.

He has focused on the value and importance of life of human being. He said ““Peace means **living our lives selflessly, treating others with respect, sharing the extra that comes to us with others who have been short changed.** It means being in the wilderness without fear but with respect for the world around us”

He said a quote “Peacefulness is being projected as the highest thing because when someone has a disturbed mind, peace will be the highest goal in their perspective”



Students made a huge round of applause after this quote. He continued his lecture and said that to be peaceful is definitely not the ultimate goal because only if you are peaceful and joyful will your body and mind work at their best – and that is the basic parameter for your success and efficiency in the world. Your efficiency and your productivity is not dependent on your desire to do something, it is dependent on your capability. Your capability is impaired when you are in some state of unhappiness, frustration or depression. So, if you are interested in productivity, the first and foremost thing is to create a pleasant basis for yourself, that to be peaceful and joyful is not an issue for you. It does not depend on anything – this is how you are. Now, your body and mind will work at their best, and you can effortlessly create what you want to create.

After that he concluded his thoughts and views .He gave his wishes to students for glorious and a successful life.

Principal mam has given her vote of thanks on guest’s marvelous lecture and views about life .He thanked the guest and earged to visit again for motivation.

At last the programme was ended by National Anthem.